

OIS-P

Oregon Intervention System Training (OIS)

(“P” is for “Parent!”) is a two-session class for parents and other adult family members of children who experience a developmental disability and/or mental health diagnosis and engage in challenging or even dangerous behaviors. The goal is to help participants gain a basic understanding of behavior as well as some tools for preventing and responding to difficult behaviors.

Trainers: Stephanie Hunter & Jennie Heidrick, OTAC Positive Behavior Support Specialists

Dates:

- Day 1: Wednesday, January 15, 2014
- Day 2: Wednesday, January 29, 2014

Time: 9:00-2:00pm each day ***Participants must attend both days in order to receive a record of completion.**

Location: Salem, OR

Max # of Participants: 12

Target Audience: Parents and primary care providers in the family home **

Cost: \$65.00 per person *County services may help some families with the attendance fee, for more information please contact your county case manager.

OIS-P includes:

- An introduction to Positive Behavior Support (PBS)
- Information about how behavior affects us all, and all of the things that affect behavior
- Assessing the messages behind challenging behaviors
- Ways to work through power struggles, conflict, and stress
- Developing your own personalized stress-management plan
- Reasonable responses to challenging behavior, including specific physical intervention and escape techniques

*The class includes time for discussion as well as some exercises.

Additional Information:

- **Full payment must be received by OTAC no later than Friday, January 10, 2014.** Any cancellations made after this date will not be refunded- *no exceptions.*
- Lunch: 30 minutes (on your own)
- Dress: Wear comfortable clothing that you are easily able to move around in!

To register for this training please choose one of the following:

- Sign up on OTAC’s website by clicking the following link: <http://goo.gl/ViCW88>
 - Select the course titled: “OIS-P”
- Contact: Sheri Stephen, training coordinator: 503-364-9943 x221; sstephen@otac.org

***If you are a foster care provider or direct support professional looking to become certified in OIS, per Oregon Administrative Rule requirements, you would need to attend a 2-day, OIS-G (general level) training -16hours. Please contact the OIS project for more information.*

Emily Sorenson, OIS Data Coordinator

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